

SAFETY FIRST

Always protect your eyes. Wear protection. A hat with a brim will help protect your nose and ears.

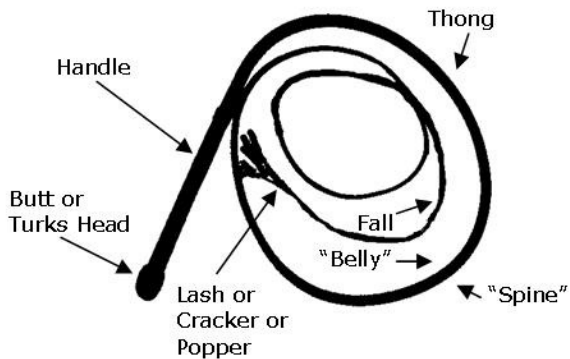
“RAILROAD TRACKS”

Imagine you are standing between railroad tracks. If you are inside the tracks and the whip is outside the tracks, you will not get hit, even when the whip is behind you. Keep your elbow inside the tracks.

BELLY UP

Position “belly” to top of hand, so whip travels in loop outside your forearm. Whip loop travels straight and tight along belly-spine axis.

ANATOMY OF A WHIP



Butt or Turks Head

Knot at end of whip

Handle

Long-handled whips are called “Target Whips”

Thong

Braided length between handle and fall

Fall

Lace from thong to cracker. Easy to replace

Lash or Cracker or Popper

String on end of whip that makes noise.

“Belly” and “Spine”

Belly is inside curl of whip; Spine is outside curl. Whip wants to roll along this axis.



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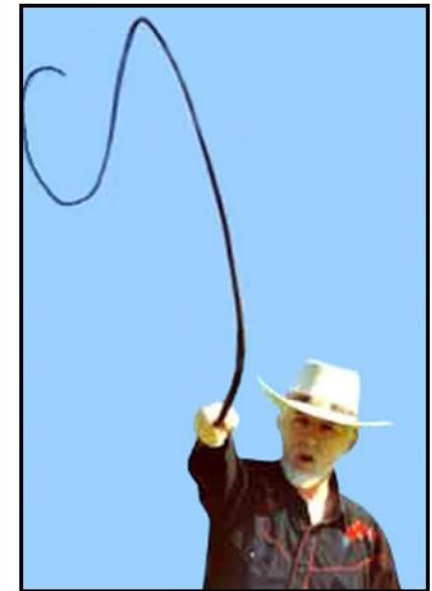
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*“Let’s Get
Cracking!”*

Bullwhip Academy

THE THREE BASIC WHIPCRACKS



Let’s Get Cracking—No. 1

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